

Analy High School Athletics Frequently Asked Questions (by incoming parents)

AHS Sports By Season

Fall

Football
Volleyball
Cross Country
Tennis-G
Golf-G

Winter

Basketball
Wrestling
Soccer

Spring

Baseball
Softball
Tennis-B
Golf-B
Track
Swimming
Badminton

1. How do I sign my child up for sports at Analy?

*Before anyone can participate in athletics at AHS, they must complete required Athletic Participation Forms On-Line. The registration link is available at the Analy Athletics website at www.analyhighschool.org/athletics click on "2017-2018 Fall Athletic Registration" under "Announcements" on the right side of the home page. This process must be completed and your Sports Physical Form (signed by a MD or DO) turned into the Health Tech's office (during the school day) or to the Athletic Director (at registration or at scheduled locations) prior to trying out or practicing with an athletic team. **Only one set of forms needs to be completed each year, no matter how many sports are played! All you will need to do is log into your FamilyID account and verify information if your child is going to also participate in a Winter or Spring Sport. Fall Athletes are encouraged to bring completed Sports Physical Forms and their \$100 Athletic Donation Check to Registration or to Annex 4 in August. Dates/Times TBD! (see note below regarding Football) Winter and Spring athletes can complete the online process and submit their Sports Physical Form and Donation Check after the start of the school year.***

2. Who do I contact if I have questions about athletics?

If you have questions about athletics in general, please don't hesitate to contact the Athletic Director's office (email is the best). jellwood.ahs@wscuhdsd.k12.ca.us or 824-2321. If you have specific questions about team policies i.e. practice times, what to wear to practice etc., please contact the specific coach of your child's team. Contact information can be found at www.ashathletics.org.

3. Does my child need a minimum Grade Point Average to participate in athletics at Analy?

Yes, All AHS students must maintain a 2.0 GPA and pass 25 credits to be eligible for sports. All incoming 9th graders are eligible when they enter Analy High School, however, they must maintain the 2.0 GPA and pass 25 credits in each of the following grading periods to maintain eligibility. The first grading period ends in late October. If a freshman athlete does not have at least a 2.0 GPA and pass the acceptable number of credits, he/she will become ineligible for athletics until the next grading period (end of the 1st semester).

4. Are there try-outs for every team?

No, We try to keep as many athletes on each team as possible. Unfortunately, because of the mechanics of some sports, cuts have to be made. It would be impossible to keep 30 players on a basketball team when only 5 get to play at a time. Volleyball and Soccer are usually our most impacted sports. Some teams do not have try outs. In most years Football, Cross Country, Track and Swimming will keep all athletes that come out for the team.

5. Where can I get a sports physical for my child?

*There are many places in Sonoma County to get a physical for sports. The trick is to schedule it **early in the summer**. By August, many doctors and clinics are booked up for weeks at a time. A yearly sports physical is part of the Athletic Participation Requirement. Once the On-Line Athletic Registration process is completed a Sports Physical Form will be email to you. Take that form to the doctor to be signed. The signed Physical Form can then be given to the Health Tech or Athletic Director in person to obtain a participation clearance slip. Here are a couple of clinics we have had success with in the past. Saints' Jane and Mary Medical Center, 1580 Sebastopol Rd. Santa Rosa, 591-9667. Santa Rosa Sports & Family Medicine, 1255 N. Dutton Ave, SR 546-9400*

6. How do I get game schedules?

The most current game schedules can be found by going to www.analyhighschool.org/athletics

****Beings Football starts non-mandatory full contact practices on Monday July 24th, football players who plan on participating at this time must be cleared before participating . Physicals/Checks will be collected during the week of July 24th in Annex 4.**

Go Tigers!!!